

Elmer G Biddick

CHARITABLE FOUNDATION

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Rachel L. Jordan - Vice-President
Bradley D. Biddick - Secretary/Treasurer

GRANT APPLICATION

***Must be received in our office on or before the due dates below**

Due Dates April 15th and October 15th

Date: 10/9/2018

Name of Organization (must match IRS 501(c)(3) designation) Upland Hills Health, Inc.

Address 800 Compassion Way

City, State, Zip Dodgeville, WI 53533

Phone 608-930-7169

Person Responsible for the Grant Julia Oellerich

Position in the Organization Foundation Director

Organization's Purpose We are a community minded healthcare system providing innovative, individualized, and compassionate care for every stage of life.

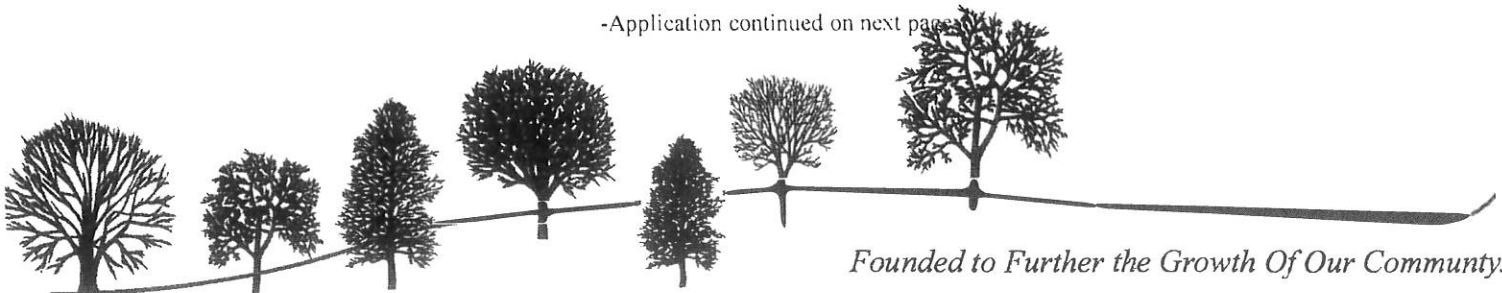
This application must include your organization's latest IRS Letter of Determination showing exemption and public support status. (Not required for units of Government & public schools).

Grant Request \$ 2,000.00

Describe the reason for this grant request in the space below:

Please see the attached document.

-Application continued on next page



Founded to Further the Growth Of Our Community.

Internal Revenue Service

Department of the Treasury

**P. O. Box 2508
Cincinnati, OH 45201**

Date: December 1, 2001

Person to Contact:
Dalphine Naegele 31-04012
Customer Service Specialist

**UPLAND HILLS HEALTH, INC.
800 COMPASSION WAY
DODGEVILLE, WI 53533**

Toll Free Telephone Number:
8:00 a.m. to 9:30 p.m. EST
877-829-5500

Fax Number:
513-263-3756

Federal Identification Number:
42-1017512

Dear Sir or Madam:

This letter is in response to your request for a name and address change for your organization. We have updated our records to reflect those changes.

Our records indicate that a determination letter issued in January 1975, granted your organization exemption from federal income tax under section 501(c)(3) of the Internal Revenue Code. That letter is still in effect.

Based on information subsequently submitted, we classified your organization as one that is not a private foundation within the meaning of section 509(a) of the Code because it is an organization described in sections 509(a)(1) and 170(b)(1)(A)(iii).

This classification was based on the assumption that your organization's operations would continue as stated in the application. If your organization's sources of support, or its character, method of operations, or purposes have changed, please let us know so we can consider the effect of the change on the exempt status and foundation status of your organization.

Your organization is required to file Form 990, Return of Organization Exempt from Income Tax, only if its gross receipts each year are normally more than \$25,000. If a return is required, it must be filed by the 15th day of the fifth month after the end of the organization's annual accounting period. The law imposes a penalty of \$20 a day, up to a maximum of \$10,000, when a return is filed late, unless there is reasonable cause for the delay.

All exempt organizations (unless specifically excluded) are liable for taxes under the Federal Insurance Contributions Act (social security taxes) on remuneration of \$100 or more paid to each employee during a calendar year. Your organization is not liable for the tax imposed under the Federal Unemployment Tax Act (FUTA).

Organizations that are not private foundations are not subject to the excise taxes under Chapter 42 of the Code. However, these organizations are not automatically exempt from other federal excise taxes.

Donors may deduct contributions to your organization as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to your organization or for its use are deductible for federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

Biddick Foundation – Grant information

Upland Hills Health, Inc.

A. Supporting Information

1. Specific use of the grant funds

Inadequate levels of physical activity contributes to obesity, one of the largest causes of preventable chronic disease. According to the County Health Rankings 2018, 31% of adults and 25% of high school students in Iowa County are obese. Children and adolescents are increasingly being diagnosed with adult illnesses, and obese youth are more likely to have sleep apnea, asthma and orthopedic problems than non-obese youth. More than half of obese children in elementary school have at least one risk factor for cardiovascular disease, and a quarter have at least two risk factors. Of those who are obese as adolescents, 60% will be obese as adults. On another note, less than 20% of Americans meet USDA guidelines for a healthy diet, including fruits, vegetables, whole grains, and low-fat dairy. The 2015 Dietary Guidelines for Americans recommends consuming between nine and eleven servings of fruits and vegetables per day, however, Americans consume only three servings per day on average. This is problematic because people who eat healthy and are physically active live longer and have a lower risk of heart disease, stroke, type 2 diabetes, depression and certain types of cancer.

Unless the obesity epidemic can be curbed, today's children are likely to have a shorter life expectancy than their parents do. To improve these statistics, it is imperative to educate children about the importance of healthy nutrition and physical activity in order to impact long-term health.

The "Upland Hills Healthy Living Program" is a comprehensive three month program which requires medical clearance and oversight from a physician. The program teaches participants to develop life-long healthy nutrition and physical activity behaviors. It includes 60-minute appointments with the Registered Dietitian in which participants learn to keep food records and make sustainable changes. In addition, during six 60-minute appointments with a personal trainer, an individualized exercise regimen is developed. Participants also receive a 3-month membership to the Upland Hills Health Wellness Center and a Healthy Living book with recipes and nutrition information.

Over the past six months, nine adult patients have participated in the Healthy Living Program, and response from physicians and patients has been positive. The program cost is \$600, however, we have found that the cost has been prohibitive for some prospective patients. UHH is seeking funding to provide four \$500 scholarships to offset the cost of the Healthy Living Program for adolescents aged thirteen to seventeen. Awards will be based on financial need. In addition, applicants will be asked to submit an essay which includes personal goals and objectives of program participation.

Biddick Foundation – Grant information

Upland Hills Health, Inc.

2. Time Schedule

We plan to begin offering this program to adolescents within the next year, if funding is received.

3. Other sources of funding

At this time, UHH does not have additional sources of funding. If we do not receive the requested funds from the Elmer G. Biddick Charitable Foundation, we will need to seek funds elsewhere.

In future years, funding will be sought from the UHH Foundation and/ or community grant makers to ensure the ability to award future health scholarships to adolescents in need.

4. Describe the effect of postponing your request to another time

Postponing the request for funds will result in adolescents not having an opportunity to apply for a health scholarship. This could cause some prospective patients to be unable to participate in the program.

5. Describe who, when, how and where will the effects of this grant be felt

These scholarships will be offered to adolescents that meet the following criteria:

- BMI > 85th percentile
- Income meets USDA Food and Nutrition Services Reduced Meal Price eligibility requirements, which is 185% Federal poverty guidelines:

Household Size	Federal Poverty Guideline	185% Federal Poverty Guidelines				
		Annual	Monthly	Twice per month	Every two weeks	Weekly
1	\$12,140	\$22,459	\$1,872	\$936	\$864	\$432
2	\$16,460	\$30,451	\$2,538	\$1,269	\$1,172	\$586
3	\$20,780	\$38,443	\$3,204	\$1,602	\$1,479	\$740
4	\$25,100	\$46,435	\$3,870	\$1,935	\$1,786	\$893
5	\$29,420	\$54,427	\$4,536	\$2,268	\$2,094	\$1047
6	\$33,740	\$62,419	\$5,202	\$2,601	\$2,401	\$1201
7	\$38,060	\$70,411	\$5,868	\$2,934	\$2,709	\$1355
8	\$42,380	\$78,403	\$6,534	\$3,267	\$3,016	\$1508
For each additional family member add	\$4,320	\$7,992	\$666	\$333	\$308	\$1

Furthermore, adolescents who participate in this program will learn valuable information on the importance of healthy eating and exercise. These insights can be shared with their families, which will help to shape the health culture of our community.

Biddick Foundation – Grant information

Upland Hills Health, Inc.

B. Organization’s history, activities, services, and composition

Upland Hills Health is a non-profit organization guided by a Board of Directors consisting of dedicated community leaders who generously volunteer their time and talents. Upland Hills Health currently employs over 550 individuals and has over 100 volunteers. Upland Hills Health was formed as the result of a merger of two Dodgeville hospitals: St. Joseph’s Hospital and Dodgeville General Hospital. They came together in 1974 as a united non-profit organization, Memorial Hospital of Iowa County, Inc. In 2001, the corporate identity was changed to Upland Hills Health to reflect a growing service area and expanded health services.

Upland Hills Health (UHH) is a 25-bed Critical Access Hospital located in Dodgeville, Wisconsin. UHH serves the residents of Iowa County by providing 24/7 emergency services, urgent care and inpatient care. The Dodgeville campus is also home to a birthing unit and a team of four experienced OB/GYNs, a skilled nursing and rehabilitation center, a therapy and wellness center, a heart, lung and sleep center along with general surgeons, an orthopedic surgeon and many physician specialty services. In addition, Upland Hills Health offers six family medicine clinics to provide health care to Iowa County residents through all stages of life. In 2017, Upland Hills Health contributed \$4,117,404 in community benefits to our residents.